

PROGRESS SPORTS

with
CLIFF BURKE

Carnarvon Lanes Awards dance attracts over 200 bowlers

Gord Everall, proprietor of Carnarvon Lanes, held a very successful Awards and Dance last week, as over 200 bowlers and their guests showed up for what proved to be a very enjoyable evening.

The Dance was put on mainly as an Awards evening. Gord staged the first Carnarvon Lanes Spring Roll-off bowling tournament early in May and the prizes were distributed at this dance.

Winners of the 'Carnarvon Lanes Trophy' as the top team in the six team Mixed league final, was Graham's Crackers from Vankougnnet. The team was comprised of Mr. & Mrs. Graham Brown, Mr. & Mrs. Ian Boyes and Mr. & Mrs. Dusty Sutherland. For winning the team event, the Crackers also picked up \$50.00 in prize money to go with the beautiful trophy.

Marg Graham and the Westernaires provided the Dance music, joined by guest soloists, Myra Everall, Ron Bacon, Jack McDonald and Gord and Mae Everall. The door prize was won by Mr. Wally Crofts.

The following are the individual prize winners and their prizes won at the Spring Roll-off.

BOWLER	PRIZE	FROM
Norma McKay	Oven Ware	Carnarvon Bargain Barn
Murray Everson	Silver Tray	Hoult Hellewell
Millie Richardson	Bowling Shoes	Twin Rocks Resort
Dave Sawyer	Jigsaw	Hallburton Lumber
Danny Harding	1/4" Drill	Carnarvon Lumber
Dorothy Eastman	Staple Gun	Emmerson Lumber
Jerry Jennings	Storage Tray	Peterborough Lumber
Doug Leonard	50 Laps	Johnson Go-Karts
Keith Thompson	20 Lines Bowling	Carnarvon Lanes
Brenda McKinley	Dinner for Two	Mr. Foggs
Eva Piper	Footstool	Black's Hardware
Lil Gorveatt	Patio Lights	Foster's Store
Morris MacLachlan	Ronson Lighter	Pine Springs Resort
Harry Fountain	Ceramic Figurines	Carnarvon Gift Shop
Martha Harding	Fishing Reel	Northland Surplus
Gloria Bell	Fishing Reel	Northland Surplus
Loretta Henderson	Towel Rack	Carnarvon Gift Shop
Ron Richardson	Pictures	Stanhope Sheet Metal
Inez Bosley	Embroidery	Stanhope Sheet Metal
Jack Yateman	Embroidery	Stanhope Sheet Metal
Jack Henderson	Carving Knife	O.B.C.
Brenda Cook	Carving Knife	O.B.C.
Audrey Fountain	5 Lines Bowling	Carnarvon Lanes
Consolation winners: 3 Lines Bowling, Marg Jennings, Eddie Cox, Ab Cox, Francis Peters and George Jones.		

On behalf of Gord Everall and the 1000 Lakes Bowlers Association at Carnarvon I'd like to take this opportunity of thanking all those merchants in the County who donated all the beautiful prizes that made this tournament the tremendous success it turned out to be.

Kirk Hewitt goes 5 for 5

Fenelon Juniors edge Merchants 6-5

Lady Luck continues to be somewhere else when the Minden Merchants take to the field. For the third time in as many games the Merchants have lost a game in the final innings, to remain winless this season. The lucky team this time was the Fenelon Falls Juniors, winning 6-5 in the bottom of the ninth inning when the winning run scored as the result of a bad throw from the outfield.

Fenelon broke on top in the first inning when Roger Mc Innis doubled and scored on Keith Tamblins single to centre. The Merchants scored their first two runs of the season in the third, when Barry Shaw singled, Kirk Hewitt walked, Jack Snell walked, Ron Reid then sacrificed Shaw home with a fly ball to right and Peter Putnam picked up an rbi when he grounded to short, scoring Hewitt. Fenelon got one back in the bottom of the third when McInnis walked and scored on a double by Tom Jamieson. The Merchants went ahead again in the fifth when Kirk Hewitt, who by the way went five for five at

the plate against the Juniors, with two walks, a single, double and triple, tripled and scored on a ground ball to second by Jack Snell. Once again Fenelon tied the game, this time in the bottom of the sixth when Jamieson singled and scored on a triple by Scott Robertson. Back to back doubles by Kirk Hewitt and Jack Snell in the seventh put the Merchants up 5-3 and it looked like Minden was about to pick up their first victory of the year but alas, three consecutive errors in the infield in the eighth inning allowed the Juniors to tie the game. Jamieson singled, Robertson singled and both scored on overthrows by the usually solid Merchant infield. This led to the eventual victory on another overthrow in the ninth, for Fenelon who are now tied for first with the Bobcaygeon Comets. Ken Hompan picked up the win for Fenelon, giving five runs on nine hits, six walks and struck out three. Jack Snell ran his record to 0-3 giving up 6 runs, only two earned, on thirteen hits, walked one and struck out five.



Accepting the Carnarvon Lanes Spring Roll-off Championship Trophy on behalf of Captain Graham Brown of the 'Graham

Crackers', from tournament sponsor and organizer Gord Everall, is Keith Thompson. Pictured left to right: Helen and Ken Thompson, Bev

Thompson, Mae Everall, Keith Thompson, Inez and Herm Bosley and Gord Everall.

Leafs form softball team

Last year the Toronto Maple Leafs played seven exhibition softball games for charity and raised \$20,000. So, originator of the 'Molson's Pro Stars', Darryl Sittler is putting the team together again this summer and will play another seven games, one of which will be at Exhibition Stadium on July 11 against the Buffalo Sabres.

This year's proceeds are to go to the Ontario Society for Crippled Children.

Leaf regulars on the team are George Ferguson, (a top pitcher), Sittler, Ian Turnbull, Bob Neely, Jack Valiquette, Pat Boutette, Jim McKenny, Brian Glennie, Bruce Boudreau, Mike Pelyk and Wayne Thomas. Larry McDonald will make a few appearances.

Vancouver Canucks' Garry Monahan, Doug Favell and Denis Dupere of Colorado Rockies, Pit Martin of Chicago Black Hawks and Eddie Shack also play.

Maple Leafs draft two excellent Marlies in 1st round

It seems just like the old days when the Toronto Maple Leafs were the sponsors of the Toronto Marlboros. In Wednesday's 1977 amateur draft the Leafs claimed their two first round picks from the Marlies, right wing John Anderson and defenceman Trevor Johansen. The Leafs also drafted Lynn Jorganson from the Marlies in the eighth round.

'Anderson and Johansen were the top-rated players available when our turn came up,' said Leaf general manager Jim Gregory.

Leafs two second round picks were defenceman Bob Gladney of the Oshawa Generals and forward Rocky Saganuik of the Lethbridge Broncos.

A Toronto native, Anderson scored 154 goals in four seasons with Marlies, with 57 of these coming last

season. Both Anderson and Johansen joined the St. Catharines Fincups when they represented Canada in the world junior championships in Czechoslovakia. Both players were also named to the Ontario Major Junior first all-star team.

Other Leaf draft picks were

centre Dan Eastman of London Knights, left winger John Wilson of Windsor Spitfires, Roy Sommer, a left wing with Calgary Centennials, centre Kevin Howe of Sault Ste Marie Greyhounds and defenceman Roy Robertson from St. Lawrence University.

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The overall individual Champion of this first Spring Roll-off is Mrs. Norma McKay who rolled a fine 803 triple and walked off with a 31 piece Ovenware Ensemble, donated by Carnarvon Bargain Barn. On the left is the proprietor of Carnarvon Lanes, Gord Everall.

PROGRESS SPORTS

with Cliff Burke



Minden Ladies extend unbeaten record to 6-0

Denelda Danilko powers IGA Ladies with grand slam homer

The Minden IGA ladies have run their unbeaten, untied record for the year to 6-0 after victories over Haliburton and Carnarvon.

On Tuesday evening our gals entertained Haliburton and trimmed them 26-15, behind the strong pitching performance of Denelda Danilko. Denelda helped her own cause by slamming a grand slam home run. Lynn Winans also belted a round tripper. Nancy Maughan suffered the loss for Haliburton.

On Wednesday evening, Minden took to the new ball field in Carnarvon and like last week in Minden, easily handled the Carnarvon Ladies 21-13. Once again it was Denelda Danilko who picked up the win and like Tuesday against Haliburton, slammed another homer. Belinda Brown was relieved by Maggie Darby in the

fifth inning with the score knotted at 13-13, with Maggie giving up seven runs, most of which were unearned due to errors on behalf of her mates.

Our gals now meet West Guilford on Tuesday evening here in Minden and should run their record to 7-0. Then it's two tough games back to back against

their arch rivals from Gooderham 18-13 in their seasons opener. However, this bunch from Gooderham will give Minden a tough go for the rest of the season.

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THE SPORTY ONES



Paul Cezanne used wax fruit as models for many of his still lifes, as real fruit spoiled before he finished the painting.

Great Moments in Canadian Sport



Former welterweight champion Jimmy McLarnin (right) with "Sully" Sullivan of boxing fame at a gym in Toronto

over in goal and won a play-off game. There's the schooner Bluenose in a 1923 victory and the members of her crew recalling highlights of the race masterminded by her canny and colourful skipper, Angus Walters.

There's Barbara Ann Scott capturing the 1948 Olympic gold medal in figure-skating and in another segment, at a Team Canada practice, Maurice "Rocket"

Richard reminisces with some of today's superstars.

Bringing this cross-section of Canadian sports lore to life on film was undertaken by Toronto's award-winning Insight Productions. The film is available free of charge to schools, service clubs, television stations and any interested group and is distributed by Modern Talking Picture Services Inc., 1875 Leslie Street, Don Mills, Ontario, M3B 2M6.

Today's generation may never have heard of Percy Williams, Lionel Conacher or Jimmy McLarnin but, fifty years ago, they were exciting millions of sports fans and winning acclaim far beyond Canada's borders.

Baby Face McLarnin, one of the greatest boxers of his time, was welterweight champion of the world and when he quit the ring in 1936 he had earned more than a half-a-million dollars with his fists. Lionel Conacher, Canada's athlete of the half-century starred on championship lacrosse, hockey and football teams, even boxed and wrestled before leaving professional sport. And, in 1928, Vancouver's Percy Williams surprised the world when he became a double gold medal winner at the Amsterdam

Olympics.

These Canadian superstars of sport and others return to action again in a new 28-minute film entitled: "Great Moments in Canadian Sport - Volume I".

The film is a nostalgic chronicle of much of Canada's rich sports heritage from the era 1900-1950, with major segments based on a selection from Prudential's "Great Moments in Canadian Sport" series of original oil paintings. Athletes of the period reminisce about highlights of their careers illustrated by some remarkable, vintage film footage of the events as they actually happened.

You'll see Bill and Bun Cook talking about the night long ago when their Ranger coach, Lester Patrick, took

There are currently 23 paintings in the Prudential collection and complete sets of reprints, suitable for framing, may be obtained by sending a cheque or money order for \$3.00 to "Great Moments", c/o the National Sport and Recreation Centre, 333 River Road, Vanier City, Ontario, K1L 8B9. All proceeds go to the support and development of amateur sport and physical fitness projects in Canada.

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NATURAL HISTORY NOTEBOOK

PRESENTED BY: THE NATIONAL MUSEUM OF NATURAL SCIENCES, OTTAWA

National Museums
Canada

COELACANTH

LATIMERIA CHALUMNAE

"OLD FOURLEGS", the Coelacanth (SEE-LA-KANTH), close to the stock that gave rise to the land vertebrates, is well known from the fossil record of 75 million to 400 million years ago

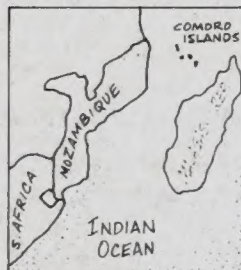


They were thought to be extinct until 1938 when one was caught off the coast of South Africa. A long search for their home ended in 1952 when they were found in the Comores archipelago.

In 1975 it was discovered that the Coelacanth is a "live bearer" when a 5 ft. mother was found to contain 5 young - each a perfect, foot-long miniature of the adult.

Of the specimens caught to date the maximum weight has been 209 lb. and maximum length about 6 feet.

The National Museum of Natural Sciences has a 92 lb. specimen and is presently planning a travelling exhibition of the species.



Condemned



This is all that remains to be taken down of the condemned Wilberforce Arena. The work of demolishing the Arena is being handled by the people of Wilberforce and the projected start of the new

quarter-million dollar Arena is July 1st. The Arena Fund thermometer now stands at over \$25,000, as of Wednesday, June 15th.

JOIN THE CROWD



TRI COUNTY FASTBALL LEAGUE STANDINGS

TEAMS	GP	W	L	TP
Bobcaygeon	6	0	0	12
Fenelon	4	3	1	6
Haliburton	3	1	2	2
Minden	3	0	3	0
Beaverton	3	0	3	0

LAST WEEK

Fenelon - 6	Minden - 5
Haliburton - 7	Beaverton - 5
Bobcaygeon - W	Beaverton - L
Bobcaygeon - 4	Fenelon - 3
Haliburton at Minden	ppd.

FUTURE GAMES

June 22nd	Bobcaygeon at Minden
June 23rd	Haliburton at Bobcaygeon
June 28th	Fenelon at Haliburton
June 29th	Minden at Beaverton
June 29th	Fenelon at Minden

Convention FROM P-S2

single of 440. Joe's score was tied this year by Bruce McDonald of Huronia Bowlers Association.

Other records that still stand for 1000 Lakes bowlers, are in the Carling O'Keefe Classic Tournament of 1975-76. Sharon McConnell and Gord Green each hold the high triples, Sharon a 917 and Gord an 895.

The following bowlers had their perfect 450 games sanctioned during the 1976-77 season; Norma Miller, Olympia Edward, Sept. 14, 76; Wm. Ciach Sr., Lucky Strike Bowlerama, Oct. 24, 76; Carmine Perriotta, Four Seasons Centre, Nov. 15, 76; John Dobos, Dickson Bowl, Nov. 30, 76; Leo Audenaert, D & A Bowl, Mar. 28, 77; Vic Henderson, Shea's Park Royal, Apr. 6, 77 and Herb Emeny finally had his game sanctioned that he rolled in 1975. It was pending approval of equipment used.

Insect control in fruit trees

An ounce of prevention this spring can protect fruit trees from harmful insect pests. Insects such as aphids, apple maggots and cherry maggots can be controlled with preventative sprays applied before the insects lay eggs. Aphids, tiny clustered plant lice, should be controlled now, says T. J. Blom, Ontario Ministry of Agriculture and Food horticulturist. This insect, which infests cherry, plum and apple trees, weakens trees by sucking sap from tender shoots and leaves. Aphids

may also transmit diseases. 'The only way to control aphids is to kill them in the adult stage before they lay eggs. Spray or dust the tree as soon as aphids appear.' Mr. Blom suggests using insecticides such as omite, malathion or thiodan to control aphids. Spraying or dusting should be repeated every 10 days until aphids no longer appear. Mr. Blom says apple maggots should be controlled in their adult stage. He recommends spraying every 12 days through late

June and July with sevin, diazinon or malathion. Apple maggots lay eggs in the first of apple and plum trees. Larvae which develop from the eggs leave brown holes in the fruit and may cause the fruit to drop unripened. Cherry maggots should be controlled in their adult stage. Spray with sevin or diazinon every two weeks from June 20 to July 10.

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Cutting back the thermostat on your heating system at night to 68 degrees from 70 degrees not only is agreeably noticeable on your fuel bills; the cost of cold remedies will probably decrease

Do you play games with the thermostat by moving it up to 80 degrees one minute because you're cold and down to 70 degrees the next minute because you're hot? If you do, it is a relatively expensive game in terms of fuel dollars. To get the most for your money, set the thermostat at the day time temperature you are comfortable with and only cut it back when you retire for the night.

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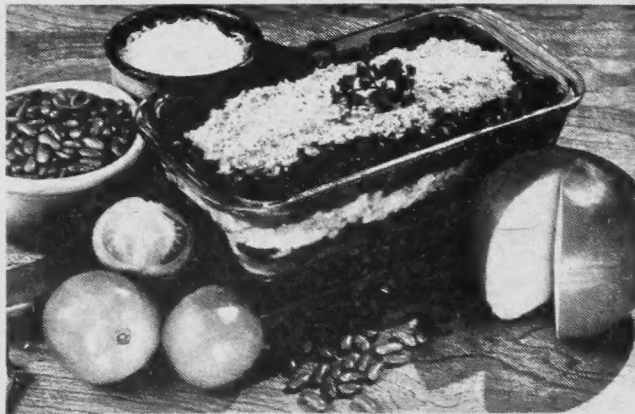
Minden, Ontario

Your Week In Television

...CKVR Barrie 3...CHEX Peterborough 12...Global 2 & 22...CKCO Kitchener 11...

Weekend Viewing

SATURDAY, JUNE 25		
12:00	3	ROLLER DERBY
	12	WILD KINGDOM
	22	100 HUNTLEY STREET
12:30	11	STAR THEATRE
	12	GARNER TED ARM-STRONG
1:00	3	ALL STAR WRESTLING
	12	RED FISHER SHOW
1:30	12	GREENING UP
	22	CROSSROADS
2:00	3,12	SPORTS
	11	SUMMER SPORTS
	22	GOSPEL SINGING TIME
2:30	22	WHAT NOW, CANADA?
3:00	11	SPORTS JOURNAL
	22	SUPERSTAR WRESTLING
4:00	3,12	SPORTS
	11	QUEEN'S PLATE
	22	CIRCLE SQUARE
4:30	22	PINK PANTHER
5:00	3,12	SPACE 1999
	11	WIDE WORLD OF SPORTS
	22	ROCKET ROBIN HOOD
5:30	22	WAIT TILL YOUR FATHER
6:00	3	M-GRASS IS GREENER
	12	MUPPETS
	11	SCAN
	22	GLOBAL NEWSWEEK
6:30	11	BOWLING FOR DOLLARS
	12	NOW DOUG HALL
7:00	11	EMERGENCY
	12	FAMILY—"POINT OF DEPARTURE"
	22	GOING PLACES
7:30	22	ONTARIO SWEEPS
8:00	3,12	HAPPY DAYS
	11	ACADEMY PE-FORMANCE
	22	\$128,000 QUESTION
8:30	3	M-SUDDEN FURY
	12	CBC MOVIE
	22	CHALLENGING SEA
9:00	22	CAUGHT IN THE ACT
9:30	22	MIXED DOUBLES
10:00	11	STAR LOST
	22	CODE 10-78
10:30	3,12	KING OF KENSINGTON
	22	SECOND CITY
11:00	3,11,12	NEWS
	22	M-MY GEISHA
11:15	3	LATE EDITION
	12	PROVINCIAL AFFAIRS
11:20	11	LOCAL NEWS
	12	NIGHT FINAL
12:00	3,12	MOVIE
	11	LATE DATE



The imported Holland Edam or Gouda cheese provides the necessary complementary protein in this layered bean casserole making an excellent, economical, nutritious dish providing complete protein.

Cheese and bean bake

VALUED for their high protein content, dried beans are a homey food with great importance on a meatless diet. So the combination of beans and cheese makes a satisfying, hearty meal. Even though beans have high protein content, the protein is not complete and is missing some of the essential amino acids, components nutritionally important. A milk product, the (imported Holland Edam or Gouda) cheese provides the necessary complementary protein in this layered bean casserole making an excellent, economical, nutritious dish providing complete protein.

1 cup dry kidney beans
2 cups cubed imported Holland Edam or Gouda
1 (12 oz) can kernel corn
1 (14 oz) can tomatoes
1 teaspoon sugar

1/2 teaspoon basil
1/2 teaspoon salt
1/8 teaspoon pepper
1 cup bread crumbs
1/2 cup shredded imported Holland Edam or Gouda
1 tablespoon butter

Pour water over beans and bring to a boil. Remove from heat and allow to soak for 1 hour. Bring to a boil again and cook 1 to 1 1/2 hours until tender. Mix kernel corn and imported Holland Edam or Gouda cubes. Stir tomatoes, sugar, basil, salt and pepper together. Place kidney beans, corn and cheese mixture and tomato mixture in a 1 1/2 quart baking dish, casserole or loaf pan. Top with crumbs and sprinkle with shredded imported Holland Edam or Gouda. Dot with butter. Bake uncovered at 350°F for 30 minutes. Makes 6 servings.

Daytime Viewing

MONDAY - FRIDAY		
7:00	11	Canada A.M.
8:00	3	Daybeat
9:00	3	Enjoy Being Beautiful
	12	Ed Allen
	11	Romper Room
9:30	3	School - alt - Mr. Piper
	11	Yoga
	12	Friendly Giant
10:00	3	Friendly Giant
	14	Betty & Friends
	12	O'E.C.A.
10:30	3,12	Mr Dress-up
	11	It's Your Move
11:00	3	Daybeat
	11	Johnnie Walters Show
	12	Sesame Street
11:30	22	Ed Allen Time
12:00	3	Leave It To Beaver
	12	News
	11	Cartoon Capers
	22	The Canadians
12:30	3	News
	12	Party Game
	11	Price is Right
	22	Canadian Cavalcade
1:00	8	Movie
	12	Marcus Welby, M.D.
	11	Match Game
	22	News
1:30	11	Definition
2:00	12	All in the Family
	11	Celebrity Dominoes
	22	Bonnie Pruden
2:30	3	Edge of Night
	11	What's the Good Word
	12	Edge of Night
	3,12	Gulging Light
3:00	3,12	Take Thirty
	11	Another World
	22	Be My Guest
3:30	3,12	Celebrity Cooks
	22	Pink Panther
4:00	3	Molra Hunt
	12	Hyndlight
	11	Flintstones
	22	The Monkees
4:30	3,12	Just for Fun
	11	My Three Sons
	22	Gilligan's Island
5:00	3,12	Lucy Show
	11	Star Trek
	22	Star Girl
5:30	3	News
	12	Room 222
	22	Jokers Wild



SUNDAY, JUNE 26		
1:00	3,12	MUSIC TO SEE
	11	SUNDAY THEATRE
1:30	3	COUNTRY CANADA
	12	SUMMER COUNTRY CANADA
2:00	3,12	V.I.P.
	22	THE CHURCH
2:30	3	SPORTS SPECIAL
	12	SUNDAY SPORTS
	22	PEOPLE'S CHURCH
3:00	11	FLOWER POT
3:30	11	RED FISHER SHOW
	22	AGAPE
4:00	3,12	CROSSPOINT
	11	LAST OF THE WILD
4:30	3,12	IN PRIVATE LIFE
	11	MAN ALIVE
	22	QUESTION PERIOD
5:00	3,12	MONEY TALKS
	11	HYMN SING
	22	GUELPH'S 150TH ANNIVERSARY PARADE
5:30	3	BUGGS BUNNY
	12	OCEAN'S ALIVE
6:00	3,12	NEWS
	11	DISNEY
	22	SUNDAY SCAN
6:30	11	GLOBAL NEWSWEEK
	12	KRESKIN
7:00	3,12	BEACHCOMBERS
	11	SIX MILLION \$ MAN
	22	GONG SHOW
7:30	3,12	THREE'S COMPANY
	11	SCIENCE INT'L
8:00	3,12	SUPER SPECIAL
	11	SONNY & CHER
	22	MONEY TALKS
8:30	22	IN PRIVATE LIFE
9:00	3,12	DUCHESS OF DUKE ST.
	11	SWITCH
	22	BAA BAA BLACK SHEEP
10:00	3,12	NEWS MAGAZINE
	11	HUMAN JOURNEY
	22	SOMETHING SPECIAL
10:30	3,12	THIS LAND
	11,12	NEWS
	22	M-WOLF PEN PRINCIPLE
11:15	3	NATION'S BUSINESS
	12	PROVINCIAL AFFAIRS
11:20	11	LOCAL NEWS
	12	NIGHT FINAL
12:00	3,12	MOVIE
	11	MIKE DOUGLAS

Evening Viewing Monday to Friday

MONDAY, JUNE 27		
6:00	3	M-ELEPHANT CALLED SLOWLY
	12	EVENING REPORT
	22	GLOBAL NEWS
	11	SCAN
6:30	12	BARETTA
	11	DON'T EAT THE DAISIES
	22	GONG SHOW
7:00	11	SHIELDS & YARNELL
	22	BEVERLY HILLBILLIES
7:30	12	GEORGE HAMILTON
	22	I LOVE LUCY
	11	HEADLINE HUNTERS
8:00	11	THE WALTONS
	3,12	RHODA
	22	ALICE
8:30	3,12	PHYLIS
	22	ODD COUPLE
9:00	11	PIG & WHISTLE
	3	THE EDITORS
	12	BEYOND REASON
	22	MAUDE
9:30	11	SANFORD & SON
	22	ALL'S FAIR
	3	ALL IN THE FAMILY
10:00	11	STREETS OF SAN FRANCISCO
	3,12	JOEY SMALLWOOD
	22	ROAST
	22	NEWS
11:00	3,11,12	NEWS
	22	MARY HARTMAN
11:15	3	LATE EDITION
11:20	11	LOCAL NEWS
	12	NIGHT FINAL
11:30	22	OPPOSITE SEXES
12:00	3,12,22	MOVIE
	11	MIKE DOUGLAS

TUESDAY, JUNE 28		
6:00	3	FACES OF SMALL PLACE
	12	EVENING REPORT
	22	GLOBAL NEWS
	11	SCAN
6:30	12	CHARLIES ANGELS
	3	REACH FOR THE TOP
	22	GONG SHOW
	11	DON'T EAT THE DAISIES
7:00	22	BEVERLY HILLBILLIES
	11	BOBBY VINTON
	3	ORAL ROBERTS
7:30	12	OCEANS ALIVE
	11	BIONIC WOMAN
	22	I LOVE LUCY
8:00	3,12	BARNEY MILLER
	22	DICK EMERY
8:30	3,12	MASH
	11	JULIE
	22	LAVERNE & SHIRLEY
9:00	3,12	FAWLTY TOWERS
	11	ONE DAY AT A TIME
	22	BLUEJAYS & BASEBALL
9:30	3,12	ONTARIO CONSTITUTIONAL CONFERENCE
	11	DAVID STEINBERG
	22	DOCTOR ON THE GO
10:00	11	KOJAK
	3,12	THE FINAL SOLUTION
	22	NEWS
11:00	3,11,12	NEWS
	22	MARY HARTMAN

Canada Week
June 25-July 1

Put your heart into it.

Je l'ai à coeur.

Semaine du Canada
25 juin - 1^{er} juillet

11:20	3	LATE EDITION
	11	LOCAL NEWS
	12	NIGHT FINAL
11:30	22	OPPOSITE SEXES
12:00	3,11,12	MOVIE
	11	MIKE DOUGLAS
WEDNESDAY, JUNE 29		
6:00	3	M-WHAT'S A NICE GIRL
	12	LIKE YOU
	22	EVENING REPORT
	11	GLOBAL NEWS
	12	SCAN
6:30	12	LAWRENCE WELK
	22	GONG SHOW
	11	DON'T EAT THE DAISIES
7:00	22	BEVERLY HILLBILLIES
	11	GOOD TIMES
7:30	3,12	BASEBALL
	11	FUNNY FARM
	22	I LOVE LUCY
8:00	11	TENNIS
	22	LAUREL & HARDY
9:00	11	COUNTRY WAY
9:30	11	IN VIEW
	22	MONTY PYTHON
10:00	22	GLOBAL NEWS
	11	WRESTLING
10:30	3,12	WORLDS TOGETHER
11:00	3,11,12	NEWS
	22	MARY HARTMAN
11:20	3,12	LATE EDITION
	11	LOCAL NEWS
11:30	22	OPPOSITE SEXES
	3,12,22	MOVIE
	11	MIKE DOUGLAS

THURSDAY, JUNE 30		
6:00	3	M-JUBAL
	12	EVENING REPORT
	11	SCAN

6:30	22	GLOBAL NEWS
	12	LITTLE HOUSE
	22	GONG SHOW
7:00	22	DON'T EAT THE DAISIES
	11	BEVERLY HILLBILLIES
7:30	12	GRAND OLD COUNTRY
	11	WELCOME BACK KOTTER
	22	FISH
	22	I LOVE LUCY
8:00	3,12	MAYNARD FERGUSON
	11	MYSTERY MOVIE
	22	SCIENCE INT'L
8:30	22	WHAT'S HAPPENING
9:00	3	CHARLIES ANGLES
	12	STARSKY & HUTCH
	22	MY COUNTRY
9:30	11	MACLEAR
	22	MIXED DOUBLES
10:00	3	SHOW BIZ
	11	NEW AVENGERS
	12	SWAT
	22	NEWS
10:30	3	FACES OF SMALL PLACE
11:00	3,11,12	NEWS
	22	MARY HARTMAN
11:20	3,12	LATE EDITION
	11	LOCAL NEWS
11:30	22	OPPOSITE SEXES
12:00	3,12,22	MOVIE
	11	MIKE DOUGLAS

FRIDAY, JULY 1		
6:00	3	M-TWO HEADED SPY
	12	EVENING REPORT
	22	GLOBAL NEWS
	11	SCAN
6:30	12	HEE HAW
	22	GONG SHOW
	11	HAPPY BIRTHDAY CANADA
7:00	22	BEVERLY HILLBILLIES
	11	DONNY & MARIE
7:30	22	I LOVE LUCY
	12	BOB NEWHART
8:00	3,12	CANADA DAY
	11	STARS ON ICE
	22	CAUGHT IN THE ACT
8:30	11	ROCKFORD FILES
9:00	22	PROVINCIAL LOTTERY
9:30	11	QUINCEY
10:00	22	GLOBAL NEWS
11:00	22	MARY HARTMAN
	3,11,12	NEWS
11:30	22	OPPOSITE SEXES
12:00	3,12,22	MOVIE
	11	LATE DATE

WAKE-UP! SHAPE UP!
WALK!



Let's go Boating



Tips On Buying A Power Boat

Part 1 It's fun, and it's exciting but there are a number of things to consider when you're buying a power boat. So arrange your priorities first.

Be selective. The Allied Boating Association of Canada says, "Do your homework." It's an important purchase, and your dealer will work with you to make sure you're satisfied with your selection. After all, he wants to stay in business and he needs satisfied customers.

The main decision is yours. Be specific about needs. Establish exactly what you want, in speed, power, capacity, stability, range and economy. If you are honest in your assessment, it narrows down the choices and directs all your attention toward the boat you need, want and can afford to buy. Of course, this would also apply to sailboats and other type of craft other than a power boat.

Power boats come in three major groups. Outboard, inboard, and inboard/outboard—which is a boat equipped with an inboard engine, coupled with a drive train much like the lower unit of an outboard motor. Within each group is a wide range of horsepower—from ONE horsepower outboards to 475 horsepower inboards. When

a manufacturer designs a power boat, he has a specific engine size or range in mind. The whole boat is shaped and built to accommodate and perform best within a certain range of horsepower.

Within each of these power groups are many different types of boats—open runabouts and utilities, cabin cruisers, fishing boats, pontoons, houseboats, racing boats, deep water cruising and fishing vessels. One of these types will suit your power boating plans best.

The bottom of a boat deserves a lot of attention. Its shape and width will determine stability and performance. A wide bottomed boat is usually a stable boat. The flatter, the faster, and usually the rougher! The deeper the "vee," the smoother the ride you can expect. However, deep-running boats take more power to achieve the same speed. This is one of the choices you'll have to make in terms of your needs.

Check for workmanship to be sure that decks, railings, aluminum moldings, rivets and gaskets are well mounted and secure. If there are flaws in these highly visible areas, it may mean mediocre workmanship throughout the entire boat. So check carefully. Sturdy construction is one of the most important factors to consider in your purchase.

No permit, fill must go...council

Seven feet of land fill dumped into the water in front of the Lake Kashagawigamog cottage of Norm Harrison Sr. is going to be removed. This was the decision last week at the regular meeting of Anson, Hindon and Minden council following a representation by Ron Harrison, son of Mr. Harrison. The landfill was first used last year to fill in between two existing 18 foot docks, then used to top off the whole area, including the docks.

But the dumping of the fill was in direct contravention of the municipality's new Restricted Area By-law which prohibits dumping fill in conjunction with existing dock facilities without first obtaining a permit.

The by-law was passed just last year. Council was told Mr. Harrison Sr. had been told by the municipality that he required a permit but that he went ahead and did the construction without ob-

taining a permit. At an earlier council meeting Mr. Harrison's sons said their father was unaware of the Restricted Area By-law and had had no idea approval was required from the municipality, but had spoken rather to the Ministry of Natural Resources, who indicated they had no jurisdiction in the matter. Council had earlier ordered the fill removed by March 31 but stayed that decision pending an appeal from Mr. Harrison.

This time around council unanimously ruled that Mr. Harrison would be allowed until the 30th of November to remove the offending seven feet of fill.

Reeve Reg Booth said he felt council had to remain firm in its decisions and support fully the rules and regulations of the municipality's by-laws.

**ONLY YOU CAN
GIVE THE GIFT
OF LIFE!**

The cottontail does not shed his summer brown coat as does his cousin, the varying hare or snowshoe rabbit, but remains the same color all year long.

Area leads in farm safety

Haliburton, Victoria and Peterborough Counties were just three of some twenty-two counties in Ontario that had less than ten farm injuries in 1976.

This was in sharp contrast to the county of Haldimand-Norfolk which re-

corded 11.7 per cent of the total 1936 lost-time injuries in the province.

Larry Swinn, senior safety consultant for the Ontario Farm Safety Association, reasoned that this was the result of the high concentration of tobacco, fruit and

vegetable operations in that county. He said those type of operations employ many seasonal, unskilled workers and traditionally report high numbers of agricultural injuries.

Statistics also showed that most of the accidents oc-

curred during the harvest season of August and September.

Swinn also pointed out that horticulture and landscape injuries accounted for 22 per cent of the agricultural injuries in 1976.

York County had a total of 194 or ten per cent and was followed by Elgin

County which had six per cent or 125 agricultural injuries.

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COTTAGES
INDUSTRIAL

286-2366

Blown Insulator



Last week 54 students from the Burnt River Public School, between the ages of 8 and 10, watch as Cellulose Insulation is blown into the walls of the 'Insulation by Mitchell' warehouse and office. The demonstration was put on to show these attentive grade 2,3 and 4 students how easily it

is to insulate a home with this blown in process. Insulation by Mitchell is owned and operated by Gord Mitchell and is located 3 miles south of Cobocok on Hwy. No. 35. Insulation by Mitchell is also the sole Canadian Distributor of Dyco Products.

Street people are feet people.
They're neat people who meet people.
Why not join up? Take a walk.



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"The Storeroom"

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BOBCAYGEON ROAD, MINDEN

WE HAVE: DATES AT 77 cents lb.
AND: RAISINS AT 95 cents lb.
PLUS A SELECTION OF OTHER NATURAL FOODS AND CRAFTS

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PHONE 286-1424 OPEN MON.-SAT. 10-5 P.M.

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SERVICE ON ALL DEPARTURES

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MINDEN TEXACO CENTRE 286-1434

HIGHLAND SHOE STORE 457-1781

CROSSWORD

ACROSS 1. Concern 5. Soapstone 9. Mirth 10. Of an area 12. West German state 13. Trap 14. River of Asia 15. Booths 16. Like carrot roots 19. Exists 20. Swiss river 21. Secure 23. Bread 27. Great multitude 28. Parrot (N.Z.) 29. Argent (abbr.) 30. Dredges, as a harbor 34. Snarls up (army slang) 37. Negative word 38. Eagle's claw 39. Dull 41. Worship 42. Wading bird 43. Is obligated 44. Play things DOWN 1. Lobster's pincer 2. Chief Teutonic gods	3. Property (L.) 4. Before 5. Savory 6. Wild buffalo of India 7. Thin 8. Welsh seaport 9. Stylish (colloq.) 11. Tenant (law) 15. Rubs gently 17. Floating platform	18. Simpleton 21. Strike 22. Sloth 23. Kind of daisy 24. Whirlwind 25. Like 26. Lawyer's charge 30. Sand hills 31. Ingress 32. Memos 33. Let it stand (print.)	35. Below (naut.) 36. Warning cry in golf 39. Encountered 40. Past
---	--	--	--

Answer

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3 bedroom bungalow. Brick and stucco exterior. Oil heat and broadloom throughout.
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SECRETARY - RECEPTIONIST
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\$2.90 per hr.
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INVITATION

The Staff and Students of
HALIBURTON HIGHLANDS
SECONDARY SCHOOL

INVITE YOU TO ATTEND ITS
25TH ANNUAL

PRESENTATION
OF DIPLOMAS

June 26, 1977 at 7 p.m.

RECEPTION FOR GRADUATES AND THEIR FRIENDS
FOLLOWING THE CEREMONY.

WORD HUNT

"Televison" WORD HUNT PUZZLE #6

S E N O T S T N I L F C H K
A E R T I R M A B I L K O L
I Y S H G E O B W I N J C E
N A G G D G O T H S A M H W
T D O I S N L H R K L S A A
V O X S A E E E E D U A M A
G T B N H V D B Z P C O P Y
A U Z I N A D I E A Y I I R
F A N N U O Z R S T H D O O
A P R S O B M A N N I X N O
A D R B M A L C M N O Y S K
F E O A N O N N A C L R I I
P B T H T L K H E G I R I E
L X I X R X T E S R E M O S

Word List

- | | | |
|----------------|----------------|--------------|
| 1. Avengers | 9. FBI | 19. Rhoda |
| 2. Bilko | 10. Gunsmoke | 20. Rookies |
| 3. Bonanza | 11. Hazel | 21. Saint |
| 4. Cannon | 12. Insight | 22. Shazam |
| 5. Caribe | 13. Ironsides | 23. Somerset |
| 6. Champions | 14. Kojak | 24. Superman |
| 7. Dinah | 15. Lucy | 25. Swat |
| 8. Flintstones | 16. Mannix | 26. Today |
| | 17. Mash | 27. Welk |
| | 18. Persuaders | |

TO SOLVE THIS PUZZLE: You'll have fun during commercials solving this T.V. word search. Whether you belong to the *Rookies* or the old-timers, exercising your insight will quickly make you an expert. Because you've got the stuff of *Champions*, *Saint* or *Sinner*, *Today* you're a winner! Find 28 T.V. programs and circle them. The correct words may appear horizontally, vertically, diagonally and backwards. SOLUTION: The remaining letters, from left to right, will predict the sex of Cher's baby. ANSWER TO PUZZLE #5. LOVE

New local map on sale this summer

Anson, Hindon and Minden Council learned last week that the municipality's new road map is nearing completion and should be on sale sometime this summer. The creation of Clerk-Administrator Richard Parisotto, this map will feature all roads and points of interest within our municipality and will be a first for Anson, Hindon and Minden townships. This should prove of great interest and assistance for

visitors to the municipality as each and every road will be named on the map, which should eliminate aimless driving through the municipality's many back roads.

Although still unsure precisely when the road map will hit the streets, Parisotto expected it to be printed and ready to go by late July. There will be a nominal fee for the map to help defray the printing costs.

Food price complaints dog A.I.B.

Canadian shoppers are worried about price increases in the beverage and dairy industries, a report by the Anti-Inflation Board revealed last month.

Of some 457 consumer complaints received during a two-week period in late April, over one-quarter of the total - or 117 complaints - involved food price increases for coffee, milk and other dairy products.

Because of crop failures in some of the big coffee producing nations, a pound of coffee can now cost anywhere from \$4-\$6.

Since the start of the pro-

gram, there have also been some 3,000 complaints about charges for personal services such as parking and dry-cleaning, 3,000 complaints about rates for government services, 1,800 on costs of utilities and about 4,450 in other areas such as durable goods, fuel and rents.

A total of some 9,000 complaints received by the Anti-Inflation Board have related to matters not within A.I.B. jurisdiction. Major topics in this category have been government services and utilities.

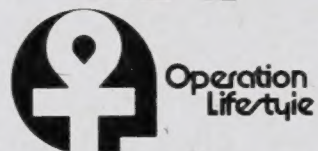
Jobs for 692 in May

During the month of May 1977, the Peterborough Canada Manpower Centre placed 523 persons in regular full-time employment including 16 who were referred to jobs in other parts of Ontario according to Public Relations Officer, John Mahoney.

In addition, 169 people were placed in temporary or casual jobs, he said.

Under the Canada Manpower Mobility Program, 13 people were assisted in their move to areas for employment where their skills were

in demand. Nineteen other people were authorized for exploratory assistance for job interviews in other areas.



Lifestyle is seeking out balanced nutrition and avoiding miracle diets.

Calling all jack-ladders

HELP! We have a request from the Pioneer Village in Huntsville, Ontario for assistance in locating 125 feet of jack-ladder chain for their antique sawmill.

The sawmill has been donated to the pioneer museum, but to make it operational and authentic, the chain is a vital requirement.

Many sawmills in the past stored floating logs in a mill-pond prior to cutting them into lumber. Logs were customarily marshalled by men with pike poles to the bottom of the jack-ladder, which hauled the logs mechanically up an incline from the pond into the mill, aided by the chain.

The Huntsville Pioneer Village can be reached by calling 705-789-7576, or by writing to them in Huntsville, Ontario.

Toronto hospital opens travel and inoculation service

A new travel and inoculation service is now operating at the Toronto General Hospital. The Service provides outbound travellers with information helpful in preventing illness likely to occur during travel to tropical and sub-tropical areas. Individualized inoculation programs are available in conformity with international requirements and prescriptions for drugs required in preventing certain diseases, such as malaria.

'With so many more people travelling to tropical areas both for business and vacation, travellers should be prepared,' commented Dr. D. Lawee, Director of the Service. 'In Ontario we are witnessing a marked increase in imported tropical and parasitic diseases. Simple precautions and inoculation prior to travel may avoid such unfortunate occurrences.'

The Service also is committed to update and upgrade adult immunization of any individual who seeks protection from infectious diseases known to be amenable to prevention. The non travel-

ler can also take advantage of this Service. Negotiations are currently in progress to enable the Service to administer yellow fever vaccine.

Family physicians in the community may also seek advice related to any difficult or unusual problem encountered in their practices since the service maintains an updated data bank concerning the prevalence and incidence of disease in different countries.

No appointment is required for the OHIP insured service which is available Monday, Wednesday and Friday from 12:00 noon to 1:00 p.m.

The Service is run as part of the University Clinics, 657 University Avenue in collaboration with the Department of Family and Community Medicine and the Division of Infectious Diseases and Tropical Medicine at the Toronto General Hospital.

Hawks can see at least eight times as well as the most 'hawk-eyed' human.

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- * SOFT DRINKS
- * MILK

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Beaver
MINDEN

Molou
THEATRE
WATERLOO ONT

Thu. 23 Fri. 24 Sat. 25
CITIZENS BAND

Thu. 23 Fri. 24 Sat. 25
A STAR IS BORN

He's got to face a gun...
TO WIN JUST ONE MORE TIME.
JOHN WAYNE LAUREN BACALL
"THE SHOOTIST"
ADULT ENTERTAINMENT

Needlework in big demand her artistry will be on show



Isabel Irwin proudly shows her quilt-making skills.

You think at 81 years old, Isabel Irwin would be glad to take life easy.

All her life, she worked at outside jobs as well as running her home and raising her family. Now, she lives in Bendale Acres in Toronto and she could let others do the work.

But she's as busy as ever, doing embroidery and needlework so beautiful that Bendale has a backup of requests for her work.

Why?

"I enjoy working. I don't like to be idle," says Mrs. Irwin, with a smile as young and lovely as it was when she was a colleen in her native Ireland, and a voice that still holds a touch of the brogue.

Mrs. Irwin's picture is on this year's poster celebrating Senior Citizens' Week, June 19 to 25. She is representative of the many senior citizens in Ontario whose busy lives prove that they haven't let their talents retire.

Mrs. Irwin came to Can-

ada in 1930 -- right at the start of the depression. To help keep her family together, she worked as a cleaner, and during the war in a munitions factory. At the same time, she brought up three sons, even making all their clothing.

"I even made their overcoats," she says. "I didn't have a machine so they were all made by hand."

Now, the work she does is much finer, but no less complicated. She can turn her needle to anything, but excels in fine embroidery on linens.

Now, she has found a new love for her talents. She has just completed her first quilt -- a first effort so good that it will hang as part of the arts and crafts display at Queen's Park during Senior Citizens' Week.

"I really enjoyed making that quilt," she says. "I can hardly wait to start another."

Obviously, taking it easy is not on the agenda for Mrs. Isabel Irwin.

Canada Week — Put your heart into it.

Canada is a country with a dazzling potential — it is a blend of the old and new. It combines North American initiative with the qualities of other civilizations to make a unique Canadian way of life. We must make certain it stays that way.

As a Canadian, what can you do?

This is a personal invitation to join the thousands of Canadians who celebrate Canada Week. One of the main projects of the Council for Canadian Unity, Canada Week starts on June 25th and culminates on our national holiday, July 1st.

Canada Week is more than just a celebration. It gives Canadians at every level of society the opportunity to join together in expressing pride in their country, each in his own way. Its hope is that it will bring Canadians — some of them separated by more than 3,000 miles — to a better understanding of one another and serve to promote Canadian unity.

Canada Week 1977 is the eighth consecutive year that Canadians

from coast to coast and in the northern territories will be asked to participate in this very important project. Through the happy celebrations of Canada Week we are striving to forge a new, healthy kind of nationalism. A

unity out of diversity.

Last year Canadians in about one thousand communities all across this great land participated in hundreds of activities in celebration of Canada. This phenomenon must surely represent one of the greatest grass roots efforts by thousands of volunteers from one end of the country to the other. The spirit that motivates these people is as diverse as the activities of Canada Week itself.

Canada Week means something different to everyone. To some, it is a celebration. To others, it is a simple and quiet manifestation of faith. Faith in the country and a renewal of a deep determination to keep Canada united. You can fly a flag, or dance, sing, twirl a baton, or march in a parade. Say hello to

your neighbour from across town, or across the country. Take a trip, or sponsor a student exchange.

If you are not already involved in Canada Week, why not get involved? Please contact the chairman in your province (whose name is listed on the next page), or the National Secretariat.

But, whatever you do, put your heart into it!

WHEELCHAIR CLINIC



maintenance - repairs & safety check
for wheelchair owners
Saturday June 11, 1977

St. Joseph's Hospital - Armour Rd. entrance
Financial assistance available if needed

Sponsored by:
Disability Resource Centre
St. Joseph's Hospital
and the
March of Dimes

City of Peterborough

Ministry of Community & Social Services

CONTACT US AT 745-0043 BY MAY 9 OR AS SOON
AS POSSIBLE; FOR A TIME TO MINIMIZE WAITING
AND ALLOW US TO BE SURE WE HAVE THE NEC-
ESSARY PARTS AVAILABLE

**"It's 2 A.M. and I feel rotten.
Who has time
to read medicine labels?"**

Sorry, there is no excuse for not reading the medicine label. The label tells you what it's for, how much to take and how often to take it. It's important information. Before you take any medicine, read the label. **Medicines can't help you if you don't take them right.**

COUNCIL ON FAMILY HEALTH
A public service of the manufacturers of medicine.

Busy fingers made tools now they make music

Nick Masymnuk doesn't look 69 years old. And when he's bashing out the beat on his drums, he doesn't act 69 years old.

But he is. He's one of five senior citizens chosen to represent all Ontario seniors on the poster celebrating this year's Senior Citizens' Week, June 19 to 25.

Nick was born in the small village of Sheho, Saskatchewan, about 40 miles northwest of Yorkton. He and his five brothers and two sisters lived on a farm with their Ukrainian-born parents.

When Nick grew up, he farmed for himself until, in the 1930's, the depression forced him to sell out and move to Toronto. During the war he did war work in the shipyards, then turned to precision tool and dye making.

Now retired and living in Bendale Acres in the Metropolitan borough of Scarborough, his talented fingers are kept busy on his drums, and his beloved 172-year-old violin.

"I started playing when I was 14," Nick says. "I play by ear. I love all kinds of music."

He bought the valuable German-made violin during the depression and has refused several offers to buy it.

When he's not making music, he's making gaily colored baskets, sculpting animals or painting.

And this summer, he's making a dream come true. He's going back to Sheho, to visit his younger brother and sister.

"I'm just a man who does a little bit of everything," Nick says. He's more a man who does a lot of everything.



Nick Masymnuk makes music with his violin.

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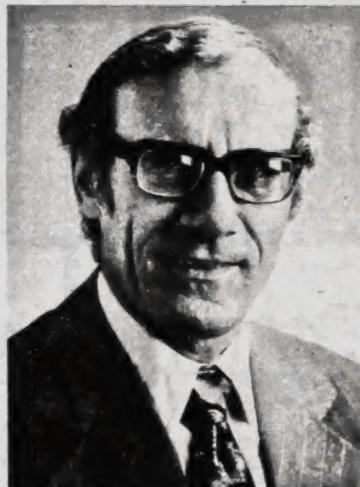


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